

# Mittelmosel Triathlon EINZEL

16. Juli 2023

(Altersklassenwertung)

## WJA

| Pl. | St Nr | Name             | Verein                        | AK  | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|------------------|-------------------------------|-----|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 80    | Leonie Reichel   | STEULER TRIKids RSG Montabaur | WJA | 1   | 0:12:39 (2) | 0:42 | 0:33:00 (1) | 0:48 | 0:13:32 (1) | 1:00:41 |
| 2   | 81    | Sophie Oberhuber | Dreikraft Neunkirchen         | WJA | 2   | 0:11:55 (1) | 1:03 | 0:34:30 (2) | 0:43 | 0:15:36 (2) | 1:03:47 |

## MJA

| Pl. | St Nr | Name            | Verein      | AK  | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|-----------------|-------------|-----|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 436   | Paul Kalmbacher | LC Bingen   | MJA | 1   | 0:11:01 (1) | 0:36 | 0:29:44 (1) | 0:34 | 0:13:10 (1) | 0:55:04 |
| 2   | 435   | Leon Dörr       | SC Illingen | MJA | 2   | 0:12:28 (2) | 0:58 | 0:29:57 (2) | 0:42 | 0:13:39 (2) | 0:57:44 |

## WJUN

| Pl. | St Nr | Name                   | Verein | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|------------------------|--------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 78    | Lina Spielvogel        |        | WJUN | 1   | 0:16:33 (1) | 1:46 | 0:38:10 (1) | 1:35 | 0:18:03 (1) | 1:16:06 |
| 2   | 9     | Anna-Sophie Reffelmann |        | WJUN | 2   | 0:21:31 (2) | 2:00 | 0:52:48 (2) | 0:54 | 0:22:03 (2) | 1:39:16 |

## MJUN

| Pl. | St Nr | Name         | Verein                 | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|--------------|------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 433   | Finn Willars | Tri-Team SV Gerolstein | MJUN | 1   | 0:11:27 (2) | 0:42 | 0:29:04 (1) | 0:41 | 0:12:11 (1) | 0:54:05 |
| 2   | 434   | Lukas Nelles | Ahrbike Willerscheid   | MJUN | 2   | 0:11:09 (1) | 0:58 | 0:29:56 (2) | 0:37 | 0:14:32 (2) | 0:57:12 |
| 3   | 432   | Luca Illges  |                        | MJUN | 3   | 0:24:25 (3) | 4:14 | 1:01:40 (3) | 1:46 | 0:25:03 (3) | 1:57:07 |

## TW20

| Pl. | St Nr | Name        | Verein              | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|-------------|---------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 77    | Louisa Woop | TCEC Mainz          | TW20 | 1   | 0:13:28 (2) | 0:47 | 0:32:59 (1) | 0:39 | 0:14:59 (1) | 1:02:51 |
| 2   | 76    | Annika Maul | Chari Tria Büdingen | TW20 | 2   | 0:14:40 (3) | 1:09 | 0:34:32 (2) | 0:53 | 0:15:37 (2) | 1:06:51 |

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## TW20

| Pl. | St Nr | Name              | Verein                   | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|-------------------|--------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 3   | 11    | Rosa Marie Müller | Ruderverein Zell 1921 ev | TW20 | 3   | 0:12:37 (1) | 1:40 | 0:36:37 (4) | 0:44 | 0:19:02 (4) | 1:10:40 |
| 4   | 74    | Anna Justen       |                          | TW20 | 4   | 0:17:50 (4) | 1:01 | 0:34:37 (3) | 1:23 | 0:17:35 (3) | 1:12:25 |

## TM20

| Pl. | St Nr | Name             | Verein                                     | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|------------------|--|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 429   | Jan Klapperich   | LG Laacher See/ TriMan                     | TM20 | 1   | 0:14:26 (2) | 1:32 | 0:29:30 (1) | 0:57 | 0:15:02 (2) | 1:01:27 |
| 2   | 426   | Lukas Ittenbach  | Tri Post Trier                             | TM20 | 2   | 0:16:32 (6) | 1:28 | 0:29:36 (2) | 0:49 | 0:16:16 (5) | 1:04:40 |
| 3   | 212   | Tom Bäcker       | Team Mittelmosel Triathlon / dr.cannondale | TM20 | 3   | 0:15:34 (4) | 0:42 | 0:33:43 (3) | 0:46 | 0:16:49 (6) | 1:07:34 |
| 4   | 427   | Jonas Thomas     |  | TM20 | 4   | 0:15:24 (3) | 1:47 | 0:35:07 (5) | 0:55 | 0:14:59 (1) | 1:08:12 |
| 5   | 425   | Christian Giese  |  | TM20 | 5   | 0:16:24 (5) | 1:26 | 0:34:02 (4) | 1:05 | 0:15:46 (4) | 1:08:43 |
| 6   | 431   | Felix Diederichs | RSC Untermosel                             | TM20 | 6   | 0:14:03 (1) | 1:19 | 0:49:02 (6) | 1:30 | 0:15:21 (3) | 1:21:16 |

## TW25

| Pl. | St Nr | Name             | Verein                   | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|------------------|--------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1   | 70    | Marie Miroslaw   | KTT01                    | TW25 | 1   | 0:11:14 (1)  | 0:40 | 0:31:08 (1)  | 0:36 | 0:13:28 (1)  | 0:57:05 |
| 2   | 66    | Francesca Klein  | TuS Schleiden 1908       | TW25 | 2   | 0:15:06 (7)  | 0:53 | 0:33:25 (2)  | 1:06 | 0:14:40 (2)  | 1:05:10 |
| 3   | 73    | Britta Wilde     | SG TRI-POWER Rhein-Sieg  | TW25 | 3   | 0:13:08 (2)  | 1:23 | 0:35:04 (5)  | 1:03 | 0:17:15 (5)  | 1:07:53 |
| 4   | 62    | Lena Wimmert     |                          | TW25 | 4   | 0:14:33 (4)  | 1:17 | 0:35:39 (6)  | 1:09 | 0:17:01 (4)  | 1:09:39 |
| 5   | 72    | Marie Bornheimer | getFit                   | TW25 | 5   | 0:15:06 (6)  | 2:20 | 0:34:18 (3)  | 1:11 | 0:17:17 (6)  | 1:10:11 |
| 6   | 63    | Lena Schmitz     | SRL Triathlon Koblenz    | TW25 | 6   | 0:17:33 (9)  | 0:56 | 0:34:33 (4)  | 0:52 | 0:17:47 (7)  | 1:11:41 |
| 7   | 67    | Annika Schmitz   |                          | TW25 | 7   | 0:15:00 (5)  | 3:19 | 0:38:19 (9)  | 1:14 | 0:15:54 (3)  | 1:13:47 |
| 8   | 61    | Sarah Schmitz    |                          | TW25 | 8   | 0:14:16 (3)  | 2:34 | 0:38:31 (10) | 1:08 | 0:18:55 (8)  | 1:15:25 |
| 9   | 68    | Silke Frey       |                          | TW25 | 9   | 0:16:28 (8)  | 2:24 | 0:37:37 (7)  | 0:47 | 0:19:07 (9)  | 1:16:23 |
| 10  | 10    | Vanessa Lockyer  | Ruderverein Zell 1921 ev | TW25 | 10  | 0:19:44 (10) | 2:43 | 0:37:41 (8)  | 1:05 | 0:21:19 (10) | 1:22:32 |

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## TM25

| Pl. | St Nr | Name                   | Verein                  | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|------------------------|-------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1   | 416   | Tom Holzmann           | LLG Wonnegau            | TM25 | 1   | 0:11:07 (1)  | 0:44 | 0:25:59 (1)  | 0:49 | 0:11:07 (1)  | 0:49:46 |
| 2   | 406   | Stefan Laux            | RSC Untermosel          | TM25 | 2   | 0:12:11 (4)  | 0:43 | 0:29:19 (4)  | 0:45 | 0:13:31 (4)  | 0:56:29 |
| 3   | 204   | Marco Seibert          |                         | TM25 | 3   | 0:13:53 (6)  | 0:52 | 0:29:05 (3)  | 0:44 | 0:13:12 (3)  | 0:57:47 |
| 4   | 413   | Gabriel Sardain        | X3M Team Snooze         | TM25 | 4   | 0:11:29 (2)  | 1:01 | 0:30:09 (7)  | 0:52 | 0:14:34 (8)  | 0:58:04 |
| 5   | 408   | Sandro Thielen-Küstner | LowBudgetCrew           | TM25 | 5   | 0:14:44 (12) | 1:04 | 0:28:32 (2)  | 0:48 | 0:15:25 (12) | 1:00:32 |
| 6   | 411   | Martin Kasel           | TriPost Trier           | TM25 | 6   | 0:15:19 (13) | 1:22 | 0:29:59 (6)  | 0:53 | 0:13:01 (2)  | 1:00:34 |
| 7   | 407   | Thomas Dowling         |                         | TM25 | 7   | 0:11:40 (3)  | 1:27 | 0:34:40 (12) | 0:38 | 0:13:45 (5)  | 1:02:10 |
| 8   | 423   | Oliver Michel          | VFR Simmern             | TM25 | 8   | 0:14:04 (8)  | 1:13 | 0:32:31 (10) | 1:05 | 0:14:37 (9)  | 1:03:31 |
| 9   | 418   | Johannes Streun        | tus05daun Triathlon     | TM25 | 9   | 0:13:57 (7)  | 1:58 | 0:32:33 (11) | 1:05 | 0:15:10 (11) | 1:04:43 |
| 10  | 424   | Laurin Steinmaier      |                         | TM25 | 10  | 0:16:52 (16) | 1:09 | 0:31:29 (8)  | 0:43 | 0:16:15 (14) | 1:06:28 |
| 11  | 410   | Christian Griening     | SC Haßberge             | TM25 | 11  | 0:12:48 (5)  | 1:38 | 0:36:31 (18) | 0:42 | 0:15:27 (13) | 1:07:06 |
| 12  | 421   | Peter Anger            | SG TRI-POWER Rhein-Sieg | TM25 | 12  | 0:16:09 (15) | 1:27 | 0:34:50 (13) | 1:00 | 0:15:07 (10) | 1:08:32 |
| 13  | 422   | Nils Rieke             |                         | TM25 | 13  | 0:14:35 (11) | 1:33 | 0:29:22 (5)  | 1:24 | 0:21:43 (19) | 1:08:36 |
| 14  | 417   | David Wolf             |                         | TM25 | 14  | 0:19:04 (19) | 1:44 | 0:32:30 (9)  | 0:53 | 0:14:26 (7)  | 1:08:36 |
| 15  | 414   | Samuel Leihkamm        |                         | TM25 | 15  | 0:15:29 (14) | 1:29 | 0:35:02 (14) | 1:00 | 0:17:37 (17) | 1:10:37 |
| 16  | 415   | Sven Schwaab           |                         | TM25 | 16  | 0:14:19 (10) | 1:41 | 0:36:25 (17) | 1:02 | 0:17:11 (16) | 1:10:38 |
| 17  | 412   | Nils Lauterbach        | Tri Post Trier          | TM25 | 17  | 0:14:16 (9)  | 1:53 | 0:35:19 (15) | 1:15 | 0:17:57 (18) | 1:10:40 |
| 18  | 420   | Tarek Schwiderski      | TSV Bundesberger        | TM25 | 18  | 0:18:58 (18) | 1:43 | 0:36:42 (19) | 0:38 | 0:14:02 (6)  | 1:12:03 |
| 19  | 419   | Marco Eckert           |                         | TM25 | 19  | 0:17:05 (17) | 2:00 | 0:36:14 (16) | 1:12 | 0:16:35 (15) | 1:13:06 |

## TW30

| Pl. | St Nr | Name                   | Verein         | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|------------------------|----------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 84    | Rebecca Katowski       |                | TW30 | 1   | 0:14:09 (1) | 1:25 | 0:30:49 (1) | 1:20 | 0:13:29 (1) | 1:01:12 |
| 2   | 58    | Saskia Alflen          | LG Laacher See | TW30 | 2   | 0:16:20 (4) | 1:24 | 0:33:41 (3) | 1:22 | 0:16:46 (3) | 1:09:33 |
| 3   | 56    | Jennifer Jane Ashcroft | BSC Erfstadt   | TW30 | 3   | 0:20:24 (8) | 1:56 | 0:33:17 (2) | 0:54 | 0:15:57 (2) | 1:12:27 |
| 4   | 57    | Lisa-Irina Schwarz     |                | TW30 | 4   | 0:16:47 (5) | 1:50 | 0:35:34 (4) | 1:06 | 0:19:01 (6) | 1:14:18 |
| 5   | 55    | Eva Daniela Bock       |                | TW30 | 5   | 0:18:16 (6) | 2:27 | 0:35:44 (5) | 2:05 | 0:20:20 (7) | 1:18:53 |
| 6   | 60    | Linda Wicking          | Tri Post Trier | TW30 | 6   | 0:15:58 (3) | 3:11 | 0:40:16 (7) | 0:57 | 0:18:51 (5) | 1:19:13 |

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## TW30

| Pl. | St Nr | Name           | Verein              | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|----------------|---------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 7   | 54    | Luisa Beckmann |                     | TW30 | 7   | 0:18:54 (7) | 1:42 | 0:42:35 (8) | 1:26 | 0:18:05 (4) | 1:22:42 |
| 8   | 59    | Vanessa Schenk | tus05daun Triathlon | TW30 | 8   | 0:14:32 (2) | 2:20 | 0:39:34 (6) | 1:38 | 0:26:26 (8) | 1:24:29 |

## TM30

| Pl. | St Nr | Name                 | Verein                        | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|----------------------|-------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1   | 202   | David Simon          | RSC Untermosel                | TM30 | 1   | 0:12:22 (3)  | 0:48 | 0:25:36 (1)  | 0:39 | 0:12:30 (1)  | 0:51:54 |
| 2   | 385   | Matthias Zucchet     | RSC Untermosel                | TM30 | 2   | 0:12:17 (2)  | 0:55 | 0:28:03 (2)  | 0:57 | 0:13:05 (4)  | 0:55:18 |
| 3   | 381   | Nikolai Haase        | Tri Post Trier                | TM30 | 3   | 0:12:00 (1)  | 0:51 | 0:29:16 (7)  | 0:46 | 0:12:57 (3)  | 0:55:49 |
| 4   | 374   | Christoph Krämer     | Team getFit                   | TM30 | 4   | 0:13:58 (7)  | 0:39 | 0:28:16 (4)  | 1:01 | 0:12:35 (2)  | 0:56:29 |
| 5   | 392   | Lukas Jax            | Tri-Team SV Gerolstein        | TM30 | 5   | 0:13:11 (4)  | 0:49 | 0:29:20 (8)  | 0:48 | 0:15:07 (12) | 0:59:15 |
| 6   | 396   | Lukas Denis          | RV Mannebike 20zehn           | TM30 | 6   | 0:15:01 (9)  | 1:19 | 0:28:15 (3)  | 0:56 | 0:14:15 (7)  | 0:59:46 |
| 7   | 393   | Pascal Schumann      |                               | TM30 | 7   | 0:14:44 (8)  | 0:53 | 0:29:00 (6)  | 0:58 | 0:14:42 (9)  | 1:00:17 |
| 8   | 371   | Jonas Manschel       | Team getFit / HaiSchool Trier | TM30 | 8   | 0:13:52 (6)  | 1:04 | 0:30:43 (13) | 0:52 | 0:13:53 (5)  | 1:00:24 |
| 9   | 210   | Philipp Werland      | Team Mittelmosel-Triathlon    | TM30 | 9   | 0:16:23 (19) | 0:52 | 0:29:33 (9)  | 1:00 | 0:14:16 (8)  | 1:02:05 |
| 10  | 401   | Benedikt Beckenbauer |                               | TM30 | 10  | 0:15:04 (11) | 1:21 | 0:31:43 (14) | 1:24 | 0:14:46 (10) | 1:04:17 |
| 11  | 398   | Josef Werth          | BiberButzeTeam                | TM30 | 11  | 0:16:11 (16) | 1:30 | 0:32:02 (15) | 1:08 | 0:14:05 (6)  | 1:04:55 |
| 12  | 379   | Steffen Beck         | RCB   Rebi Custom Bikes       | TM30 | 12  | 0:16:16 (18) | 1:39 | 0:30:15 (11) | 1:33 | 0:15:49 (16) | 1:05:32 |
| 13  | 405   | Alexander Junk       | Team getFit                   | TM30 | 13  | 0:17:21 (22) | 1:31 | 0:30:38 (12) | 2:01 | 0:15:25 (15) | 1:06:56 |
| 14  | 388   | Werner Matthias Bug  | Firma Wehmeyer-Bug            | TM30 | 14  | 0:13:14 (5)  | 1:36 | 0:34:37 (21) | 1:22 | 0:16:18 (17) | 1:07:06 |
| 15  | 377   | Niklas Maas          | SC Blau Weiß Schalkenmehren   | TM30 | 15  | 0:16:38 (20) | 1:30 | 0:33:04 (17) | 0:49 | 0:15:13 (13) | 1:07:14 |
| 16  | 404   | Maximilien Lépine    |                               | TM30 | 16  | 0:15:02 (10) | 2:08 | 0:35:19 (23) | 1:31 | 0:15:24 (14) | 1:09:24 |
| 17  | 247   | Fabian Beckmann      |                               | TM30 | 17  | 0:15:41 (13) | 2:14 | 0:34:37 (20) | 1:14 | 0:16:48 (19) | 1:10:34 |
| 18  | 399   | Philip Conrad        |                               | TM30 | 18  | 0:16:12 (17) | 3:38 | 0:29:37 (10) | 2:44 | 0:18:27 (23) | 1:10:38 |
| 19  | 403   | Dominik Ehse         |                               | TM30 | 19  | 0:15:58 (15) | 2:25 | 0:37:14 (27) | 1:22 | 0:14:53 (11) | 1:11:52 |
| 20  | 384   | Niclas Welter        | SRL Triathlon Koblenz         | TM30 | 20  | 0:19:03 (28) | 1:32 | 0:32:32 (16) | 1:12 | 0:17:48 (20) | 1:12:06 |
| 21  | 386   | Philipp Kron         | SRL Triathlon Koblenz         | TM30 | 21  | 0:18:29 (27) | 2:04 | 0:35:15 (22) | 1:07 | 0:18:17 (22) | 1:15:12 |
| 22  | 391   | Alexander Groh       | tus05daun Triathlon           | TM30 | 22  | 0:17:43 (24) | 1:47 | 0:36:03 (25) | 0:55 | 0:18:48 (25) | 1:15:16 |
| 23  | 372   | Christian Labonte    |                               | TM30 | 23  | 0:24:38 (30) | 2:28 | 0:28:22 (5)  | 1:37 | 0:18:13 (21) | 1:15:17 |

\* die Gesamtzeit enthält eine Strafzeit

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## TM30

| Pl. | St Nr | Name                   | Verein         | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|------------------------|----------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 24  | 383   | Richard Heckel         |                | TM30 | 24  | 0:17:49 (25) | 2:56 | 0:34:30 (19) | 1:49 | 0:18:47 (24) | 1:15:50 |
| 25  | 395   | Maximilian Kube        |                | TM30 | 25  | 0:15:45 (14) | 2:05 | 0:37:24 (28) | 1:46 | 0:19:00 (27) | 1:16:00 |
| 26  | 376   | Michael Kihm           |                | TM30 | 26  | 0:15:31 (12) | 2:05 | 0:33:52 (18) | 1:34 | 0:24:27 (30) | 1:17:29 |
| 27  | 373   | Fritz Konstantin Weber |                | TM30 | 27  | 0:18:17 (26) | 2:43 | 0:35:27 (24) | 2:06 | 0:20:21 (29) | 1:18:53 |
| 28  | 402   | Niklas Reck            | Team Wiesbaden | TM30 | 28  | 0:17:00 (21) | 2:32 | 0:39:56 (29) | 0:48 | 0:19:02 (28) | 1:19:18 |
| 29  | 254   | Matthias Bremm         |                | TM30 | 29  | 0:17:30 (23) | 2:29 | 0:40:25 (30) | 0:41 | 0:18:55 (26) | 1:20:00 |
| 30  | 397   | Pascal Bach            |                | TM30 | 30  | 0:24:24 (29) | 2:23 | 0:36:06 (26) | 1:38 | 0:16:22 (18) | 1:20:52 |

## TW35

| Pl. | St Nr | Name                | Verein                        | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|---------------------|-------------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 52    | Lisa Schwung        | ITV                           | TW35 | 1   | 0:15:56 (3) | 1:29 | 0:35:05 (1) | 1:10 | 0:16:59 (2) | 1:10:39 |
| 2   | 45    | Anne Lindner        | Eintracht Frankfurt Triathlon | TW35 | 2   | 0:20:54 (7) | 1:47 | 0:36:00 (4) | 1:10 | 0:15:13 (1) | 1:15:04 |
| 3   | 46    | Lisa Irle           | tus05daun Triathlon           | TW35 | 3   | 0:15:32 (2) | 1:35 | 0:37:22 (5) | 1:25 | 0:20:18 (5) | 1:16:12 |
| 4   | 47    | Kerstin Bücher      | tus05daun Triathlon           | TW35 | 4   | 0:16:28 (4) | 1:35 | 0:35:57 (3) | 1:41 | 0:21:05 (7) | 1:16:46 |
| 5   | 53    | Christina Sander    | Team getFit                   | TW35 | 5   | 0:14:43 (1) | 1:02 | 0:38:28 (6) | 1:02 | 0:21:54 (8) | 1:17:09 |
| 6   | 50    | Anna Reimann        | SC Alemannia Dreikirchen      | TW35 | 6   | 0:18:01 (5) | 1:47 | 0:35:39 (2) | 1:46 | 0:20:52 (6) | 1:18:04 |
| 7   | 49    | Verena Leichsenring | Team39 Mainz                  | TW35 | 7   | 0:21:10 (8) | 2:05 | 0:40:10 (7) | 1:30 | 0:18:19 (3) | 1:23:14 |
| 8   | 51    | Sandra Oster        |                               | TW35 | 8   | 0:20:15 (6) | 1:54 | 0:42:03 (8) | 1:04 | 0:20:07 (4) | 1:25:23 |

## TM35

| Pl. | St Nr | Name                  | Verein                    | AK   | Pl. | Schwimmen   | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|-----------------------|---------------------------|------|-----|-------------|------|--------------|------|--------------|---------|
| 1   | 201   | Jens Roth             | Tri Post Trier            | TM35 | 1   | 0:09:33 (1) | 0:45 | 0:24:42 (1)  | 0:43 | 0:12:02 (1)  | 0:47:45 |
| 2   | 357   | Jan Lüsebrink         | Triathlon-Team Rhein-Nahe | TM35 | 2   | 0:13:02 (2) | 0:48 | 0:29:34 (5)  | 0:58 | 0:14:03 (6)  | 0:58:26 |
| 3   | 351   | Martin-Eric Schneider | SRL Triathlon Koblenz     | TM35 | 3   | 0:14:20 (7) | 1:42 | 0:28:51 (2)  | 0:45 | 0:13:49 (4)  | 0:59:27 |
| 4   | 367   | Simon Rothmeier       | ALV Mainz                 | TM35 | 4   | 0:13:55 (5) | 1:47 | 0:28:56 (3)  | 0:55 | 0:14:31 (8)  | 1:00:04 |
| 5   | 346   | Michael Hartmann      | SpVgg Wildenburg / ITV    | TM35 | 5   | 0:13:37 (3) | 1:18 | 0:30:46 (9)  | 0:57 | 0:14:31 (9)  | 1:01:09 |
| 6   | 345   | Marcel Schubach       |                           | TM35 | 6   | 0:13:48 (4) | 1:34 | 0:31:26 (14) | 1:25 | 0:14:40 (10) | 1:02:52 |

# Mittelmosel Triathlon EINZEL

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(Altersklassenwertung)

## TM35

| Pl. | St Nr | Name                  | Verein                  | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|-----------------------|-------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 7   | 347   | Jan Hendrik Burdinski |                         | TM35 | 7   | 0:13:59 (6)  | 1:54 | 0:30:15 (7)  | 2:04 | 0:15:04 (13) | 1:03:17 |
| 8   | 298   | Sascha Lang           |                         | TM35 | 8   | 0:14:22 (8)  | 1:22 | 0:32:28 (19) | 0:52 | 0:14:15 (7)  | 1:03:19 |
| 9   | 355   | Lars Natus            |                         | TM35 | 9   | 0:15:46 (16) | 1:18 | 0:30:15 (6)  | 1:07 | 0:14:56 (12) | 1:03:22 |
| 10  | 338   | Michael Pfeil         | getFit                  | TM35 | 10  | 0:18:03 (21) | 1:22 | 0:31:09 (12) | 0:47 | 0:12:13 (2)  | 1:03:34 |
| 11  | 441   | Daniel Feist          | SV Darscheid            | TM35 | 11  | 0:17:06 (19) | 2:15 | 0:31:15 (13) | 1:00 | 0:14:01 (5)  | 1:05:38 |
| 12  | 344   | Matthias Diwo         |                         | TM35 | 12  | 0:15:32 (15) | 0:50 | 0:32:19 (17) | 1:49 | 0:16:16 (16) | 1:06:47 |
| 13  | 365   | Martin Tibo           |                         | TM35 | 13  | 0:15:22 (13) | 1:51 | 0:34:44 (23) | 1:33 | 0:13:48 (3)  | 1:07:18 |
| 14  | 232   | Martin Müllers        | AusdauerTEAM.de Morbach | TM35 | 14  | 0:18:31 (24) | 1:42 | 0:31:04 (11) | 1:27 | 0:14:45 (11) | 1:07:29 |
| 15  | 343   | Benjamin Lux          |                         | TM35 | 15  | 0:15:57 (17) | 1:09 | 0:32:21 (18) | 1:05 | 0:17:02 (19) | 1:07:34 |
| 16  | 354   | Sven Bernhart         | RC Pfälzerwald          | TM35 | 16  | 0:15:01 (10) | 1:55 | 0:31:27 (15) | 1:09 | 0:18:05 (23) | 1:07:38 |
| 17  | 369   | Dennis Nägel          | getFit                  | TM35 | 17  | 0:17:52 (20) | 1:27 | 0:32:37 (20) | 1:00 | 0:15:32 (14) | 1:08:28 |
| 18  | 361   | Mathias Stanierowski  | TuS Enkirch             | TM35 | 18  | 0:15:03 (12) | 1:54 | 0:35:11 (25) | 1:24 | 0:15:34 (15) | 1:09:06 |
| 19  | 363   | Johannes Welter       | RSC Untermosel          | TM35 | 19  | 0:15:31 (14) | 1:37 | 0:34:18 (21) | 1:22 | 0:17:01 (18) | 1:09:49 |
| 20  | 358   | Sebastian Schwung     |                         | TM35 | 20  | 0:19:15 (27) | 1:43 | 0:31:52 (16) | 1:03 | 0:17:04 (20) | 1:10:57 |
| 21  | 366   | Florian Alff          |                         | TM35 | 21  | 0:18:22 (22) | 1:34 | 0:31:04 (10) | 2:00 | 0:18:05 (22) | 1:11:04 |
| 22  | 364   | Daniel Zäck           | TMK Mülheim-Kärlich     | TM35 | 22  | 0:16:01 (18) | 0:55 | 0:30:24 (8)  | 1:04 | 0:23:32 (29) | 1:11:55 |
| 23  | 223   | Luis Mehles           | Tri Post Trier          | TM35 | 23  | 0:15:02 (11) | 2:04 | 0:36:02 (26) | 1:10 | 0:17:43 (21) | 1:12:00 |
| 24  | 442   | Oliver Kugelmann      |                         | TM35 | 24  | 0:18:27 (23) | 2:02 | 0:34:33 (22) | 1:23 | 0:20:54 (28) | 1:17:18 |
| 25  | 349   | Butzen Christopher    |                         | TM35 | 25  | 0:18:39 (25) | 2:12 | 0:38:37 (28) | 1:05 | 0:16:55 (17) | 1:17:27 |
| 26  | 226   | Tobias Knappe         | Ring Hummeln            | TM35 | 26  | 0:20:48 (30) | 2:22 | 0:34:50 (24) | 1:13 | 0:18:41 (25) | 1:17:54 |
| 27  | 439   | Dennis Ehrkamp        | Vulkanbiker Daun        | TM35 | 27  | 0:19:38 (28) | 3:06 | 0:36:11 (27) | 1:02 | 0:18:14 (24) | 1:18:11 |
| 28  | 359   | Michael Hensche       | Ringhummeln             | TM35 | 28  | 0:19:07 (26) | 3:55 | 0:39:59 (29) | 1:11 | 0:20:28 (27) | 1:24:40 |
| 29  | 341   | Martin Michels        |                         | TM35 | 29  | 0:20:40 (29) | 3:05 | 0:45:28 (30) | 1:03 | 0:19:17 (26) | 1:29:33 |

## TW40

| Pl. | St Nr | Name          | Verein                     | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|---------------|----------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 37    | Tine Hausmann | TriPost Trier/ Team getFit | TW40 | 1   | 0:14:41 (2) | 1:11 | 0:30:26 (1) | 0:52 | 0:13:10 (1) | 1:00:20 |
| 2   | 39    | Marlen Škoda  | DJK Triathlon Andernach    | TW40 | 2   | 0:15:12 (4) | 1:19 | 0:34:09 (3) | 1:08 | 0:17:16 (4) | 1:09:05 |

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## TW40

| Pl. | St Nr | Name                | Verein                    | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|---------------------|---------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 3   | 38    | Christina Gehrlein  | Triathlon-Team Rhein-Nahe | TW40 | 3   | 0:16:52 (7) | 1:50 | 0:33:45 (2) | 1:04 | 0:17:10 (3) | 1:10:41 |
| 4   | 44    | Nike Jacobs         | TRI-Team TG Konz          | TW40 | 4   | 0:15:26 (5) | 2:25 | 0:35:51 (5) | 1:07 | 0:16:39 (2) | 1:11:28 |
| 5   | 40    | Patricia Huckert    | TV Laubenheim 1883 e.V.   | TW40 | 5   | 0:16:48 (6) | 1:47 | 0:35:34 (4) | 1:54 | 0:19:06 (5) | 1:15:09 |
| 6   | 42    | Yvonne Breitenbach  | TV Riegel TriTeam         | TW40 | 6   | 0:14:14 (1) | 1:19 | 0:36:54 (6) | 1:40 | 0:21:25 (8) | 1:15:31 |
| 7   | 41    | Carla Seegräber     | TVL Laubenheim            | TW40 | 7   | 0:14:59 (3) | 2:14 | 0:39:49 (8) | 2:03 | 0:20:42 (7) | 1:19:47 |
| 8   | 43    | Nadine Kammerlander |                           | TW40 | 8   | 0:21:43 (8) | 1:40 | 0:37:57 (7) | 0:51 | 0:19:50 (6) | 1:22:01 |

## TM40

| Pl. | St Nr | Name                   | Verein                                  | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|------------------------|---|------|-----|--------------|------|--------------|------|--------------|---------|
| 1   | 221   | Jens Hoffmann          | SRL Triathlon Koblenz                   | TM40 | 1   | 0:12:29 (5)  | 0:51 | 0:29:55 (2)  | 0:52 | 0:13:04 (1)  | 0:57:10 |
| 2   | 321   | Stefan Scherer         | VfR Simmern                             | TM40 | 2   | 0:13:54 (8)  | 0:58 | 0:30:30 (4)  | 0:47 | 0:14:21 (4)  | 1:00:29 |
| 3   | 312   | Volker Keßler          |   | TM40 | 3   | 0:11:49 (1)  | 1:13 | 0:30:24 (3)  | 0:53 | 0:16:39 (14) | 1:00:57 |
| 4   | 313   | Thomas Hann            | DREIkraft Neunkirchen                   | TM40 | 4   | 0:11:55 (2)  | 1:11 | 0:32:21 (9)  | 1:28 | 0:14:39 (6)  | 1:01:34 |
| 5   | 311   | Gilbert Mäckler        | tus05daun Triathlon                     | TM40 | 5   | 0:12:22 (3)  | 1:26 | 0:32:48 (12) | 0:53 | 0:14:15 (3)  | 1:01:44 |
| 6   | 320   | Steffen Dedekind       | TV Riegel TriTeam                       | TM40 | 6   | 0:13:15 (7)  | 1:13 | 0:31:20 (7)  | 1:18 | 0:15:31 (8)  | 1:02:37 |
| 7   | 336   | Pascal Geller          |   | TM40 | 7   | 0:16:15 (13) | 2:11 | 0:28:26 (1)  | 1:33 | 0:14:24 (5)  | 1:02:48 |
| 8   | 211   | Michael Comes          | TUS BENGEL                              | TM40 | 8   | 0:15:43 (10) | 1:18 | 0:32:59 (13) | 0:51 | 0:13:14 (2)  | 1:04:05 |
| 9   | 329   | Michael Tempesta       | AS Neukirchen-Vluyn                     | TM40 | 9   | 0:12:47 (6)  | 1:37 | 0:32:04 (8)  | 0:59 | 0:16:44 (16) | 1:04:10 |
| 10  | 286   | Oliver Kaufhold        | Team Sonnenwind                         | TM40 | 10  | 0:12:24 (4)  | 1:49 | 0:34:12 (16) | 1:17 | 0:15:47 (11) | 1:05:30 |
| 11  | 315   | Christoph Breu         | Triathlonfreunde Wittenberg             | TM40 | 11  | 0:15:51 (12) | 1:39 | 0:31:18 (6)  | 1:03 | 0:15:54 (12) | 1:05:44 |
| 12  | 318   | Daniel Leschniowski    | tritrionic team<br>St.Wendel/SportELSCH | TM40 | 12  | 0:17:28 (17) | 0:59 | 0:30:59 (5)  | 1:10 | 0:15:11 (7)  | 1:05:47 |
| 13  | 310   | Thorsten Kunkel        | tritrionic team St.Wendel               | TM40 | 13  | 0:15:37 (9)  | 1:28 | 0:32:35 (10) | 1:22 | 0:15:43 (10) | 1:06:44 |
| 14  | 316   | Tobias Berheide        | SRL Triathlon Koblenz                   | TM40 | 14  | 0:17:09 (16) | 1:02 | 0:33:04 (14) | 1:00 | 0:15:40 (9)  | 1:07:55 |
| 15  | 326   | Christian Schäfers     | Mühlhausen Weinbergschnecken            | TM40 | 15  | 0:15:44 (11) | 2:09 | 0:34:39 (17) | 0:38 | 0:16:25 (13) | 1:09:33 |
| 16  | 314   | Friedrich Kammerlander |   | TM40 | 16  | 0:16:37 (15) | 2:02 | 0:34:47 (18) | 0:46 | 0:16:42 (15) | 1:10:54 |
| 17  | 319   | Matthias Leichsenring  | Team39 Mainz                            | TM40 | 17  | 0:16:33 (14) | 2:09 | 0:33:46 (15) | 1:30 | 0:20:16 (19) | 1:14:13 |
| 18  | 330   | Christian Hallebach    | VfB Polch - KALTstarter                 | TM40 | 18  | 0:18:49 (21) | 2:13 | 0:32:40 (11) | 1:20 | 0:19:22 (17) | 1:14:24 |
| 19  | 325   | Sebastian Kordts       | Tria Team Bruchköbel                    | TM40 | 19  | 0:18:21 (18) | 1:37 | 0:36:24 (20) | 1:15 | 0:21:06 (20) | 1:18:43 |

\* die Gesamtzeit enthält eine Strafzeit

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## TM40

| Pl. | St Nr | Name            | Verein       | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|-----------------|--------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 20  | 332   | Kai_Uwe Brosche | Ring Hummeln | TM40 | 20  | 0:18:43 (20) | 1:22 | 0:36:23 (19) | 1:37 | 0:22:57 (21) | 1:21:02 |
| 21  | 322   | Florian Lösch   |              | TM40 | 21  | 0:18:34 (19) | 2:32 | 0:46:47 (21) | 1:37 | 0:19:45 (18) | 1:29:15 |

## TW45

| Pl. | St Nr | Name                 | Verein                      | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|----------------------|-----------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1   | 32    | Yvonne Linßen        | AS Neukirchen-Vluyn         | TW45 | 1   | 0:14:59 (2)  | 1:28 | 0:32:52 (1)  | 1:14 | 0:15:39 (1)  | 1:06:11 |
| 2   | 35    | Gertrud Weise        | Opa Rapid 70+               | TW45 | 2   | 0:15:02 (3)  | 1:09 | 0:34:23 (3)  | 1:14 | 0:16:20 (2)  | 1:08:08 |
| 3   | 5     | Eva Maria Keßler     |                             | TW45 | 3   | 0:14:38 (1)  | 1:18 | 0:34:29 (4)  | 1:17 | 0:17:16 (3)  | 1:08:59 |
| 4   | 27    | Gunhild Wintermeyer  | Team Wm Ko                  | TW45 | 4   | 0:15:33 (5)  | 2:18 | 0:34:18 (2)  | 1:22 | 0:18:16 (8)  | 1:11:47 |
| 5   | 22    | Natalie Marek        |                             | TW45 | 5   | 0:15:31 (4)  | 1:30 | 0:36:19 (6)  | 1:38 | 0:17:42 (4)  | 1:12:39 |
| 6   | 24    | Tanja Weller         |                             | TW45 | 6   | 0:16:50 (7)  | 1:20 | 0:35:32 (5)  | 1:15 | 0:19:01 (11) | 1:13:58 |
| 7   | 29    | Annamaria Paglione   | TCEC Mainz                  | TW45 | 7   | 0:16:50 (6)  | 1:10 | 0:37:13 (7)  | 0:55 | 0:17:52 (5)  | 1:13:59 |
| 8   | 30    | Friederike Breu      | Triathlonfreunde Wittenberg | TW45 | 8   | 0:16:56 (8)  | 2:29 | 0:37:50 (9)  | 1:46 | 0:18:08 (7)  | 1:17:10 |
| 9   | 28    | Jutta Weber          |                             | TW45 | 9   | 0:19:09 (11) | 2:25 | 0:37:15 (8)  | 1:20 | 0:19:01 (12) | 1:19:09 |
| 10  | 23    | Christine Hommerstad | TV Laubenheim 1883 e.V.     | TW45 | 10  | 0:17:53 (10) | 1:46 | 0:40:28 (12) | 1:12 | 0:19:01 (10) | 1:20:19 |
| 11  | 86    | Valerie Henschel     |                             | TW45 | 11  | 0:19:13 (12) | 2:09 | 0:39:59 (10) | 1:17 | 0:18:01 (6)  | 1:20:38 |
| 12  | 33    | Jennifer Hilger      | Triathlon Team Ratingen     | TW45 | 12  | 0:17:19 (9)  | 2:17 | 0:42:39 (13) | 2:00 | 0:18:17 (9)  | 1:22:32 |
| 13  | 26    | Nicole Jammer        | United Runners of Pfalz     | TW45 | 13  | 0:19:42 (13) | 2:10 | 0:40:26 (11) | 1:36 | 0:23:25 (13) | 1:27:19 |

## TM45

| Pl. | St Nr | Name                    | Verein                      | AK   | Pl. | Schwimmen   | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|-------------------------|-----------------------------|------|-----|-------------|------|--------------|------|--------------|---------|
| 1   | 299   | Jens Nagel              | Team getFit/TriPostTrier    | TM45 | 1   | 0:12:19 (1) | 1:14 | 0:27:20 (1)  | 0:59 | 0:13:25 (3)  | 0:55:17 |
| 2   | 297   | Christian Feilen        | SC Blau-Weiß Schalkenmehren | TM45 | 2   | 0:13:37 (6) | 1:03 | 0:30:10 (3)  | 1:06 | 0:13:53 (5)  | 0:59:49 |
| 3   | 289   | Stefan Zenzen           | ohne                        | TM45 | 3   | 0:14:42 (9) | 0:49 | 0:30:40 (7)  | 1:19 | 0:13:17 (2)  | 1:00:46 |
| 4   | 306   | Jean-Christophe Nicaise | KTT01                       | TM45 | 4   | 0:13:08 (4) | 1:15 | 0:32:55 (12) | 1:10 | 0:12:34 (1)  | 1:01:01 |
| 5   | 350   | Thomas Koch             | AusdauerTEAM.de Morbach     | TM45 | 5   | 0:14:17 (7) | 1:10 | 0:31:28 (9)  | 0:52 | 0:13:25 (4)  | 1:01:11 |
| 6   | 301   | Martin Marx             |                             | TM45 | 6   | 0:12:42 (2) | 1:12 | 0:30:21 (5)  | 0:55 | 0:16:15 (10) | 1:01:26 |



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## TM45

| Pl. | St Nr | Name                | Verein                      | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|---------------------|-----------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 7   | 288   | Volker Zenzen       | ohne                        | TM45 | 7   | 0:15:26 (12) | 1:06 | 0:30:19 (4)  | 0:52 | 0:14:02 (6)  | 1:01:45 |
| 8   | 309   | Marco Nothvogel     | Tri Post Trier              | TM45 | 8   | 0:13:18 (5)  | 1:07 | 0:30:28 (6)  | 0:51 | 0:16:23 (11) | 1:02:06 |
| 9   | 220   | Stefan Peters       | Team Ahrbike Willerscheid   | TM45 | 9   | 0:15:09 (11) | 1:21 | 0:29:57 (2)  | 0:47 | 0:15:43 (8)  | 1:02:57 |
| 10  | 308   | Stefan Dr. Sammito  | Team Erdinger-Alkoholfrei   | TM45 | 10  | 0:15:07 (10) | 0:42 | 0:32:36 (11) | 0:47 | 0:14:57 (7)  | 1:04:08 |
| 11  | 296   | Patrick Wendt       | tus05daun Triathlon         | TM45 | 11  | 0:13:07 (3)  | 1:12 | 0:32:15 (10) | 1:21 | 0:16:39 (13) | 1:04:34 |
| 12  | 291   | Patrick Lexis       | TUS05 Daun Triathlon        | TM45 | 12  | 0:15:33 (14) | 0:59 | 0:30:54 (8)  | 1:01 | 0:16:50 (14) | 1:05:16 |
| 13  | 292   | Mario Molz          | tus05daun Triathlon         | TM45 | 13  | 0:14:21 (8)  | 1:22 | 0:34:09 (15) | 1:15 | 0:18:33 (16) | 1:09:40 |
| 14  | 230   | Patrick Gierten     | swim bike run gegen Walfang | TM45 | 14  | 0:17:05 (17) | 1:21 | 0:33:56 (14) | 1:56 | 0:16:00 (9)  | 1:10:17 |
| 15  | 294   | Matthias Nussbicker |                             | TM45 | 15  | 0:15:36 (15) | 1:27 | 0:36:09 (20) | 1:44 | 0:17:43 (15) | 1:12:39 |
| 16  | 290   | Björn Castor        | In Vino Veritas             | TM45 | 16  | 0:17:45 (19) | 2:21 | 0:35:20 (18) | 1:20 | 0:16:31 (12) | 1:13:16 |
| 17  | 307   | Daniel Koch         |                             | TM45 | 17  | 0:18:00 (20) | 1:23 | 0:33:28 (13) | 1:33 | 0:19:27 (19) | 1:13:51 |
| 18  | 303   | Matthias Bargmann   |                             | TM45 | 18  | 0:16:23 (16) | 2:40 | 0:34:37 (16) | 2:04 | 0:19:17 (18) | 1:15:02 |
| 19  | 293   | Mirko Kölzer        |                             | TM45 | 19  | 0:18:07 (21) | 1:33 | 0:35:00 (17) | 1:33 | 0:19:06 (17) | 1:15:19 |
| 20  | 295   | SVEN KLOTZ          | KOBLENZ                     | TM45 | 20  | 0:15:29 (13) | 1:53 | 0:35:58 (19) | 1:53 | 0:21:46 (21) | 1:16:59 |
| 21  | 287   | Robert Mieszaniec   |                             | TM45 | 21  | 0:17:09 (18) | 1:19 | 0:38:08 (21) | 1:16 | 0:20:15 (20) | 1:18:07 |

## TW50

| Pl. | St Nr | Name                 | Verein                        | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|----------------------|-------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1   | 4     | Isabella Malcher     |                               | TW50 | 1   | 0:15:30 (4)  | 1:09 | 0:31:45 (1)  | 1:05 | 0:15:33 (1)  | 1:05:01 |
| 2   | 12    | Helge Ort            | AusdauerTEAM.de               | TW50 | 2   | 0:14:34 (1)  | 1:19 | 0:33:40 (2)  | 1:12 | 0:18:21 (5)  | 1:09:06 |
| 3   | 82    | Gabi Joecken         | Tri Post Trier                | TW50 | 3   | 0:14:53 (3)  | 1:23 | 0:35:52 (3)  | 1:50 | 0:20:04 (9)  | 1:14:02 |
| 4   | 13    | Karina Wenzel-Repey  | TRI Team TG Konz              | TW50 | 4   | 0:14:34 (2)  | 1:46 | 0:37:16 (7)  | 1:28 | 0:19:34 (8)  | 1:14:39 |
| 5   | 75    | Birgit Hilgers       | AS Neukirchen-Vluyn           | TW50 | 5   | 0:16:09 (6)  | 1:52 | 0:37:36 (8)  | 1:28 | 0:18:10 (3)  | 1:15:14 |
| 6   | 14    | Astrid Krolla        | DJK Bingen-Büdesheim          | TW50 | 6   | 0:17:41 (8)  | 1:46 | 0:36:07 (4)  | 1:52 | 0:18:04 (2)  | 1:15:30 |
| 7   | 3     | Jutta Weyand         |                               | TW50 | 7   | 0:17:09 (7)  | 2:33 | 0:37:01 (5)  | 1:09 | 0:19:13 (6)  | 1:17:05 |
| 8   | 2     | Alexandra Mehlretter | TSV Bullay-Alf e.V. 1889-1921 | TW50 | 8   | 0:19:29 (10) | 1:28 | 0:37:16 (6)  | 1:06 | 0:18:10 (4)  | 1:17:29 |
| 9   | 16    | Natalie Quirin       | Tri Post Trier                | TW50 | 9   | 0:15:40 (5)  | 1:48 | 0:39:06 (10) | 1:48 | 0:19:33 (7)  | 1:17:55 |
| 10  | 17    | Sabine Link          | LLG St. Augustin              | TW50 | 10  | 0:18:11 (9)  | 2:06 | 0:38:26 (9)  | 1:49 | 0:20:05 (10) | 1:20:36 |

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## TW50

| Pl. | St Nr | Name        | Verein                | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2 | Laufen | Gesamt  |
|-----|-------|-------------|-----------------------|------|-----|--------------|------|--------------|----|--------|---------|
| 11  | 48    | Olga Kolter | SRL Triathlon Koblenz | TW50 | 11  | 0:26:17 (11) | 2:04 | 0:44:22 (11) |    | ( )    | 1:34:18 |

## TM50

| Pl. | St Nr | Name                | Verein                     | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|---------------------|----------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1   | 284   | Marco Schleyer      | tus05daun Triathlon        | TM50 | 1   | 0:13:21 (3)  | 1:00 | 0:29:01 (1)  | 0:56 | 0:14:13 (1)  | 0:58:30 |
| 2   | 263   | Markus Schmelzeisen | Triathlon-Team Rhein-Nahe  | TM50 | 2   | 0:12:37 (2)  | 0:43 | 0:29:58 (4)  |      | ( )          | 0:58:34 |
| 3   | 281   | Markus Quirin       | Tri Post Trier             | TM50 | 3   | 0:12:25 (1)  | 0:47 | 0:29:37 (3)  | 0:53 | 0:15:19 (8)  | 0:59:02 |
| 4   | 267   | Sascha Greiner      | Triathlon Jägersburg       | TM50 | 4   | 0:13:23 (4)  | 0:49 | 0:30:39 (6)  | 0:48 | 0:14:41 (4)  | 1:00:19 |
| 5   | 264   | Dirk Bertram        | RSC Untermosel             | TM50 | 5   | 0:14:08 (6)  | 0:41 | 0:31:29 (10) | 0:55 | 0:14:41 (3)  | 1:01:54 |
| 6   | 266   | Ralf Knips          | SSF Bonn Triathlon         | TM50 | 6   | 0:15:05 (9)  | 0:54 | 0:31:02 (8)  | 0:59 | 0:14:46 (5)  | 1:02:46 |
| 7   | 256   | Mario Hübner        | tus05daun Triathlon        | TM50 | 7   | 0:13:37 (5)  | 1:21 | 0:29:36 (2)  | 1:29 | 0:17:01 (15) | 1:03:04 |
| 8   | 259   | Stefan Kreis        | Triathlon Equipe Elz       | TM50 | 8   | 0:14:10 (7)  | 0:55 | 0:30:34 (5)  | 1:04 | 0:17:29 (19) | 1:04:11 |
| 9   | 280   | Michael Krämer      | LG Laacher See             | TM50 | 9   | 0:16:00 (17) | 1:42 | 0:30:58 (7)  | 1:11 | 0:14:35 (2)  | 1:04:26 |
| 10  | 277   | Matthias Krolla     | DJK Bingen-Büdesheim       | TM50 | 10  | 0:15:08 (11) | 1:49 | 0:31:56 (13) | 1:17 | 0:15:15 (7)  | 1:05:25 |
| 11  | 265   | Tim Raschke         | Opa Rapid 70+              | TM50 | 11  | 0:16:12 (19) | 0:56 | 0:31:37 (11) | 1:15 | 0:15:57 (10) | 1:05:56 |
| 12  | 380   | Adrian Treis        | TV Essen-Kupferdreh        | TM50 | 12  | 0:15:24 (13) | 1:17 | 0:32:07 (14) | 1:31 | 0:16:34 (11) | 1:06:53 |
| 13  | 278   | Fabrice Eveno       | Tripost Trier              | TM50 | 13  | 0:15:33 (14) | 1:00 | 0:32:58 (16) | 1:05 | 0:17:05 (16) | 1:07:42 |
| 14  | 285   | Dirk Schönhofen     |                            | TM50 | 14  | 0:16:10 (18) | 1:02 | 0:32:30 (15) | 1:24 | 0:17:06 (17) | 1:08:12 |
| 15  | 271   | Ralf Bauer          | SV Weitersburg             | TM50 | 15  | 0:17:42 (26) | 1:22 | 0:31:11 (9)  | 1:11 | 0:16:56 (13) | 1:08:22 |
| 16  | 282   | Thorsten Kapp       | Team39 Mainz               | TM50 | 16  | 0:15:20 (12) | 1:09 | 0:33:13 (17) | 1:29 | 0:17:33 (20) | 1:08:43 |
| 17  | 253   | Armin Haas          | SV Zell 1925               | TM50 | 17  | 0:17:44 (27) | 1:23 | 0:34:13 (19) | 1:19 | 0:15:03 (6)  | 1:09:42 |
| 18  | 437   | Michael Schörder    | Team Mittelmosel Triathlon | TM50 | 18  | 0:16:35 (21) | 0:59 | 0:31:46 (12) | 1:28 | 0:19:23 (24) | 1:10:12 |
| 19  | 272   | Thomas Behr         | TV Laubenheim 1883 e.V.    | TM50 | 19  | 0:15:47 (15) | 1:28 | 0:34:16 (20) | 2:54 | 0:15:55 (9)  | 1:10:21 |
| 20  | 274   | Andreas Schwarz     | TSV Bullay-Alf             | TM50 | 20  | 0:15:53 (16) | 2:03 | 0:33:55 (18) | 1:28 | 0:17:15 (18) | 1:10:34 |
| 21  | 262   | Nils Oldenburg      | Tri-Sport Lübeck           | TM50 | 21  | 0:15:08 (10) | 1:36 | 0:34:46 (22) | 1:42 | 0:18:28 (22) | 1:11:41 |
| 22  | 331   | Frank Hennes        | Triathlon Team Eupen       | TM50 | 22  | 0:17:36 (24) | 1:07 | 0:34:33 (21) | 1:30 | 0:16:59 (14) | 1:11:45 |
| 23  | 255   | Sven Jäger          | Triathlon TuS Ahrweiler    | TM50 | 23  | 0:14:33 (8)  | 1:23 | 0:35:08 (23) | 1:36 | 0:20:20 (28) | 1:12:59 |

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## TM50

| Pl. | St Nr | Name             | Verein                        | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|------------------|-------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 24  | 273   | Andreas Amend    | power and pace                | TM50 | 24  | 0:17:07 (23) | 2:11 | 0:35:22 (24) | 1:41 | 0:16:42 (12) | 1:13:04 |
| 25  | 258   | Wolfgang Schwind | getfit                        | TM50 | 25  | 0:16:39 (22) | 2:54 | 0:36:43 (26) | 1:33 | 0:19:22 (23) | 1:17:11 |
| 26  | 269   | Thomas Rose      | BSG ABB & Hitachi Energy e.V. | TM50 | 26  | 0:17:45 (28) | 2:39 | 0:35:59 (25) | 1:36 | 0:19:39 (26) | 1:17:38 |
| 27  | 275   | Maik Sommer      |                               | TM50 | 27  | 0:16:19 (20) | 3:00 | 0:39:29 (28) | 1:09 | 0:20:09 (27) | 1:20:06 |
| 28  | 260   | Frank Lambertz   |                               | TM50 | 28  | 0:17:38 (25) | 2:52 | 0:40:48 (30) | 1:36 | 0:17:34 (21) | 1:20:29 |
| 29  | 257   | Klaus Andrae     | TV Winnigen                   | TM50 | 29  | 0:20:23 (29) | 2:07 | 0:37:45 (27) | 0:50 | 0:19:28 (25) | 1:20:31 |
| 30  | 268   | Markus Wagner    |                               | TM50 | 30  | 0:20:29 (30) | 2:55 | 0:40:33 (29) | 1:22 | 0:20:32 (29) | 1:25:51 |

## TW55

| Pl. | St Nr | Name                | Verein                    | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|---------------------|---------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 79    | Elke Berhard        | TriTeamObelix             | TW55 | 1   | 0:16:20 (1) | 2:18 | 0:39:13 (3) | 1:54 | 0:18:56 (2) | 1:18:39 |
| 2   | 6     | Vera Blum           | tus05daun Triathlon       | TW55 | 2   | 0:18:04 (2) | 1:12 | 0:39:35 (4) | 1:12 | 0:20:43 (3) | 1:20:46 |
| 3   | 8     | Andrea Anger        | Team Erdinger Alkoholfrei | TW55 | 3   | 0:20:29 (4) | 1:58 | 0:38:38 (2) | 0:59 | 0:18:52 (1) | 1:20:56 |
| 4   | 7     | Brigitta Huckestein | United Runners of Pfalz   | TW55 | 4   | 0:18:20 (3) | 1:50 | 0:37:13 (1) | 1:03 | 0:26:21 (4) | 1:24:47 |

## TM55

| Pl. | St Nr | Name            | Verein                     | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|-----------------|----------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1   | 241   | Michael Pillig  | RSC Untermosel             | TM55 | 1   | 0:15:21 (10) | 1:19 | 0:29:44 (1)  | 1:08 | 0:14:54 (3)  | 1:02:25 |
| 2   | 304   | Gerd Uhren      | Triathlon TuS Ahrweiler    | TM55 | 2   | 0:12:38 (1)  | 0:57 | 0:32:14 (8)  | 1:05 | 0:16:11 (7)  | 1:03:05 |
| 3   | 400   | Manni Regh      | tus05 daun Triathlon       | TM55 | 3   | 0:13:54 (3)  | 1:14 | 0:31:23 (5)  | 1:15 | 0:15:41 (6)  | 1:03:27 |
| 4   | 252   | Axel Schäfer    | LG Laacher See             | TM55 | 4   | 0:17:26 (19) | 1:03 | 0:30:08 (2)  | 1:15 | 0:15:38 (5)  | 1:05:30 |
| 5   | 243   | Chris Püst      | Sportschule Jüngling       | TM55 | 5   | 0:14:59 (7)  | 1:13 | 0:30:47 (3)  | 1:13 | 0:17:31 (15) | 1:05:43 |
| 6   | 240   | Jürgen Rudolph  | SRL TRIATHLON KOBLENZ      | TM55 | 6   | 0:15:10 (9)  | 1:37 | 0:33:58 (12) | 1:28 | 0:14:29 (2)  | 1:06:41 |
| 7   | 360   | Torsten Ehrlein | Phönixberg Runners         | TM55 | 7   | 0:14:52 (6)  | 1:14 | 0:32:21 (9)  | 1:13 | 0:17:22 (13) | 1:07:02 |
| 8   | 333   | André Buchardt  | Team Horgar's Keltenkeller | TM55 | 8   | 0:15:29 (11) | 1:29 | 0:32:44 (10) | 1:03 | 0:16:25 (10) | 1:07:10 |
| 9   | 227   | Albert Klein    | LSC Düppenweiler           | TM55 | 9   | 0:14:44 (5)  | 1:15 | 0:31:06 (4)  | 1:10 | 0:19:27 (25) | 1:07:41 |
| 10  | 246   | Uwe Hilgers     | AS Neukirchen-Vluyn        | TM55 | 10  | 0:16:18 (14) | 1:21 | 0:31:57 (6)  | 1:54 | 0:16:25 (9)  | 1:07:55 |

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## TM55

| Pl. | St Nr | Name                | Verein                     | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|---------------------|----------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 11  | 342   | Thomas Blum         | tus05daun Triathlon        | TM55 | 11  | 0:15:54 (12) | 1:43 | 0:31:58 (7)  | 1:16 | 0:17:47 (20) | 1:08:38 |
| 12  | 370   | Jochen Rudolph      | Phönixberg Runners         | TM55 | 12  | 0:13:34 (2)  | 1:32 | 0:34:39 (16) | 1:15 | 0:17:38 (16) | 1:08:38 |
| 13  | 237   | Markus Luther       | LAZ Birkenfeld             | TM55 | 13  | 0:17:37 (20) | 1:44 | 0:34:21 (15) | 1:54 | 0:15:26 (4)  | 1:11:02 |
| 14  | 234   | Jürgen Frank        | SRL Triathlon Koblenz      | TM55 | 14  | 0:17:01 (17) | 1:12 | 0:33:47 (11) | 1:11 | 0:18:14 (21) | 1:11:25 |
| 15  | 239   | Albert Thome        | TRI-Team TG Konz           | TM55 | 15  | 0:14:24 (4)  | 2:16 | 0:34:56 (17) | 1:29 | 0:18:41 (24) | 1:11:46 |
| 16  | 334   | Lutz Gubernator     |                            | TM55 | 16  | 0:17:03 (18) | 1:05 | 0:34:15 (14) | 1:09 | 0:18:27 (23) | 1:11:59 |
| 17  | 229   | Ingo Schulze        | LG Laacher See             | TM55 | 17  | 0:17:57 (22) | 1:43 | 0:34:07 (13) | 1:22 | 0:16:58 (12) | 1:12:08 |
| 18  | 245   | Stephan Kroj        |                            | TM55 | 18  | 0:15:03 (8)  | 1:48 | 0:36:19 (21) | 1:22 | 0:18:24 (22) | 1:12:56 |
| 19  | 305   | Michael Schorn      | Team Horgar's Keltenkeller | TM55 | 19  | 0:16:52 (15) | 2:40 | 0:35:08 (18) | 1:31 | 0:17:45 (18) | 1:13:55 |
| 20  | 244   | Christian Bourgeois |                            | TM55 | 20  | 0:17:00 (16) | 1:20 | 0:37:08 (22) | 1:47 | 0:17:25 (14) | 1:14:40 |
| 21  | 324   | Michael Tosch       | Brander Sv Tri Team        | TM55 | 21  | 0:18:20 (24) | 1:59 | 0:37:54 (23) | 1:16 | 0:16:18 (8)  | 1:15:47 |
| 22  | 337   | Ralf Becker         | Team Attila                | TM55 | 22  | 0:19:34 (26) | 1:43 | 0:35:25 (19) | 1:41 | 0:17:47 (19) | 1:16:11 |
| 23  | 242   | Martin Müller       | Ruderverein Zell 1921 ev   | TM55 | 23  | 0:16:16 (13) | 1:27 | 0:38:20 (24) | 3:45 | 0:16:40 (11) | 1:16:27 |
| 24  | 356   | Holger Vollbrecht   | TV Laubenheim 1883 e.V.    | TM55 | 24  | 0:17:58 (23) | 2:25 | 0:40:20 (25) | 1:55 | 0:17:41 (17) | 1:20:19 |
| 25  | 238   | Stefan Körting      | Physioarea 7G              | TM55 | 25  | 0:17:38 (21) | 1:52 | 0:35:45 (20) | 2:14 | 0:24:21 (27) | 1:21:50 |
| 26  | 249   | Thorsten Reffelman  |                            | TM55 | 26  | 0:20:39 (27) | 2:58 | 0:50:24 (27) | 1:10 | 0:08:56 (1)  | 1:24:06 |
| 27  | 251   | Jürgen Bausen       |                            | TM55 | 27  | 0:18:56 (25) | 3:55 | 0:40:26 (26) | 1:46 | 0:24:13 (26) | 1:29:17 |

## TW60

| Pl. | St Nr | Name               | Verein                  | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|--------------------|-------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 19    | Anke Korn          | SRL Triathlon Koblenz   | TW60 | 1   | 0:14:51 (2) | 1:44 | 0:35:06 (2) | 1:36 | 0:19:10 (3) | 1:12:27 |
| 2   | 34    | Martina Kesselheim | AusdauerTEAM.de Morbach | TW60 | 2   | 0:14:50 (1) | 1:11 | 0:38:24 (3) | 1:16 | 0:17:01 (2) | 1:12:42 |
| 3   | 85    | Betti Fey          | SRL Triathlon Koblenz   | TW60 | 3   | 0:26:28 (4) | 1:50 | 0:34:56 (1) | 1:05 | 0:16:19 (1) | 1:20:38 |
| 4   | 21    | Sabine Steffens    | AS Neukirchen Vluyn     | TW60 | 4   | 0:17:54 (3) | 3:50 | 0:43:45 (4) | 2:17 | 0:24:18 (4) | 1:32:04 |

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## TM60

| Pl. | St Nr | Name                 | Verein                             | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|----------------------|------------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1   | 440   | Rainer Bomm          | DLRG Vallendar                     | TM60 | 1   | 0:14:46 (2)  | 1:17 | 0:32:20 (2)  | 1:05 | 0:17:27 (4)  | 1:06:55 |
| 2   | 382   | Matthias Keller      | TRI-Team TG Konz                   | TM60 | 2   | 0:18:04 (8)  | 1:23 | 0:30:45 (1)  | 1:44 | 0:16:14 (2)  | 1:08:11 |
| 3   | 214   | Uwe Schulmerich      | Hunsrück-Marathon e.V.             | TM60 | 3   | 0:17:23 (6)  | 2:54 | 0:34:38 (5)  | 1:26 | 0:14:32 (1)  | 1:10:53 |
| 4   | 216   | Volker Pleß          | FSD Freie Schwimmer<br>Düsseldorf  | TM60 | 4   | 0:14:25 (1)  | 2:00 | 0:35:02 (7)  | 2:02 | 0:17:27 (3)  | 1:10:56 |
| 5   | 218   | Ted Drews            | TSV Bonn                           | TM60 | 5   | 0:15:08 (3)  | 2:02 | 0:32:23 (3)  | 1:19 | 0:20:16 (8)  | 1:11:08 |
| 6   | 317   | Joachim Karbach      | DLRG Vallendar / SV<br>Weitersburg | TM60 | 6   | 0:15:19 (4)  | 1:46 | 0:35:00 (6)  | 1:34 | 0:17:33 (5)  | 1:11:11 |
| 7   | 217   | Karl Eberhard        |                                    | TM60 | 7   | 0:18:21 (9)  | 1:47 | 0:34:38 (4)  | 0:57 | 0:17:48 (6)  | 1:13:30 |
| 8   | 428   | Hans-Werner Schüller |                                    | TM60 | 8   | 0:17:11 (5)  | 2:36 | 0:35:22 (8)  | 1:19 | 0:17:55 (7)  | 1:14:22 |
| 9   | 209   | Christian Eichert    | Go Man Go                          | TM60 | 9   | 0:17:44 (7)  | 1:53 | 0:39:41 (9)  | 1:20 | 0:21:35 (10) | 1:22:12 |
| 10  | 213   | Ralf Hermesdorf      |                                    | TM60 | 10  | 0:20:26 (10) | 3:20 | 0:47:59 (10) | 1:39 | 0:20:49 (9)  | 1:34:13 |

## TW65

| Pl. | St Nr | Name               | Verein                 | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|--------------------|------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 64    | helga Wehmeyer-Bug | Hunsrück-Marathon e.V. | TW65 | 1   | 0:17:08 (1) | 2:01 | 0:41:13 (1) | 1:24 | 0:19:38 (1) | 1:21:23 |

## TM65

| Pl. | St Nr | Name           | Verein           | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|----------------|------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 438   | Peter Joecken  | Tri Post Trier   | TM65 | 1   | 0:15:31 (2) | 2:05 | 0:31:41 (1) | 1:15 | 0:16:59 (1) | 1:07:31 |
| 2   | 207   | Peter Nitsche  |                  | TM65 | 2   | 0:14:16 (1) | 1:39 | 0:33:35 (3) | 1:06 | 0:18:55 (4) | 1:09:31 |
| 3   | 205   | Alois Kläs     | TUS Ahrweiler    | TM65 | 3   | 0:17:32 (3) | 1:34 | 0:32:30 (2) | 1:42 | 0:20:19 (5) | 1:13:36 |
| 4   | 208   | Jörg Hallerdei | Rüstige Wanderer | TM65 | 4   | 0:17:54 (4) | 2:26 | 0:35:00 (4) | 1:11 | 0:18:52 (3) | 1:15:23 |
| 5   | 409   | Roland Wesche  | LG Laacher See   | TM65 | 5   | 0:19:11 (5) | 1:48 | 0:40:26 (5) | 0:59 | 0:18:37 (2) | 1:21:01 |

# Mittelmosel Triathlon EINZEL

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(Altersklassenwertung)

TM70

| Pl. | St Nr | Name                  | Verein          | AK   | Pl. | Schwimmen   | W1   | Radfahren   | W2   | Laufen      | Gesamt  |
|-----|-------|-----------------------|-----------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 203   | Reiner Lichtenthaeler | DJK Marienstatt | TM70 | 1   | 0:17:06 (1) | 2:16 | 0:35:33 (1) | 1:21 | 0:18:01 (1) | 1:14:17 |